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INTERNATIONAL

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Energy

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August, 1991

Why does energy seem so scarce?
Most people seem tired and broken
Unable to gather the gumption to do
Something, anything
They become bogged down in maintenance and self-doubt
Why? i don't know

They don't know **what** to do, I guess.

They dream other people's dreams

They mourn other people's losses

They watch others' joys and triumphs

The live (vicariously) other people's lives
in the safety of their mind.

They fear wasting their energy.
They fear being wrong.
They fear death.
They fear.

Energy is neither here nor there...It is everywhere
It cannot be created nor destroyed
Energy is just constantly being converted.
You are energy.
Fear is the energy robber.
Fear disperses energy.
Disperse Fear and you will have Energy